



# Health Camp Report (25 July 2024)

## HEALTH CAMP

(स्वास्थ्य शिविर)

Under

FAMILY ADOPTION PROGRAMME



**Department of Community Medicine,  
Hamdard Institute of Medical Sciences and Research  
& HAHC Hospital  
New Delhi**

The Department of Community Medicine, Hamdard Institute of Medical Sciences & Research (HIMSR) & HAHC Hospital, successfully conducted a health camp on 25<sup>th</sup> July 2024 under the Family Adoption Program under the guidance of Dean, HIMSR and Medical Superintendent (MS), HAHC Hospital, New Delhi. The health camp was carried out in the V P Singh camp, situated at Pul Prahladpur, which has a population of approximately 7,000 residents. This area was chosen for the camp as it is under the Family Adoption Program(FAP). The event was met with enthusiastic support from the local residents, who expressed their appreciation for the medical camp being held in their area. The camp was attended by 192 patients, including 120 adults and 72 pediatric patients.

### Inauguration of Health Camp

The health camp was formally inaugurated by esteemed guests, Mr. Sahiram Pehlawan (MLA, Tuglakabad) and Mr. Ramesh (Pradhan). The dignitaries were warmly welcomed by Dr. Farzana Islam, Head of the Department of Community Medicine, and Dr Sandeep Kumar, HOD, Orthopedics and NMC In charge, HIMSR. The dignitaries commended the efforts of the Department of Community Medicine, HIMSR & HAHC Hospital, for their dedication to improving the health and well-being of the local community.







## Services Provided in the Camp

1. **OPD Service:** Patient were provided diagnoses, treatment options, and medical advice based on their individual health concerns.
2. **Anthropometric Assessment:** Measurements included height, weight, BMI, and waist/hip ratio for both adult and paediatric patients.
3. **Blood Pressure Measurement:** Blood pressure was measured for all adult patients to monitor/diagnose for hypertension
4. **Haemoglobin Estimation:** Haemoglobin levels were assessed for all patients to detect anaemia.
5. **Random Blood Sugar (RBS) Assessment:** Blood sugar levels were checked for all patients to identify any signs of diabetes.
6. **Health Education Activity:**
  - a. Health talk for Anaemia (एनीमिया करण लक्षण और इलाज) &
  - b. Importance of Diet in Hypertension & Diabetes (उच्च रक्तचाप और मधुमेह में खान पान का महत्व) were given



## Registration Counter



- All patients were registered and given a registration number. Basic information like age, gender, contact details was entered.

## Anthropometry Counter for Adults



- All adult patients were assessed for height, weight, BMI, and waist/hip ratio. They were guided through a series of measurements about their anthropometric profile.



## Pediatric Anthropometry Counter



- ❖ Children were assessed for height and weight. Parent guardians were informed about their children's measurements, with results documented for growth monitoring.

## Hemoglobin (Hb%) Counter:



## Random Blood Sugar Counter:



- ❖ Hemoglobin levels of adults and children were measured using a hemoglobinometer.
- ❖ Random blood sugar levels of all adult patients were done



## Adult OPD Counter



- ❖ Adult Outpatient Department (OPD) counter, 120 patients were seen for a variety of health concerns. The medical team provided comprehensive consultations, counselling and health education, addressing common morbidities like respiratory infections, gastrointestinal problems, musculoskeletal pain, and chronic conditions like

## Paediatric OPD Counter



- ❖ At the Pediatric Outpatient Department (OPD) counter, around 82 children were examined and treated for various health issues. The doctors provided consultations, assessed their anthropometric findings and did physical examination. Common morbidities of childhood like diarrhoea, URI, worm infestation, anemia and nutritional deficiencies were treated.

## Pharmacy Counter



- ❖ The Pharmacy Counter provided essential medications free of charge to all patients attending the camp. After receiving consultations at the OPD counters, patients were directed to the pharmacy, where they were given prescribed medications for their conditions. The pharmacy team ensured that each patient received the correct dosage and instructions for use.

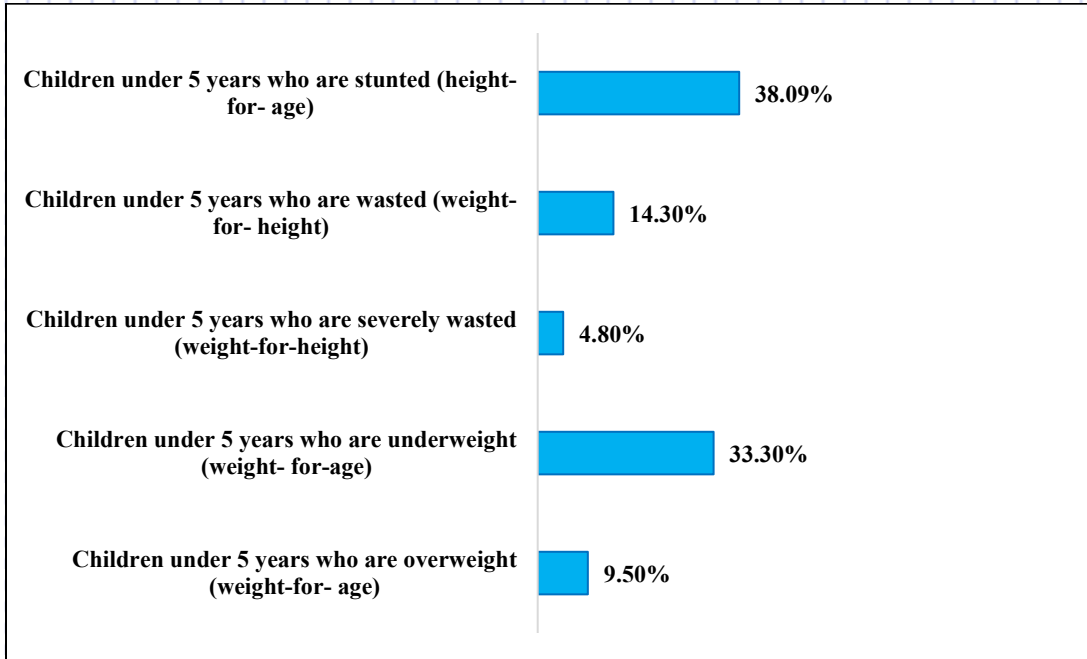


## Camp Data

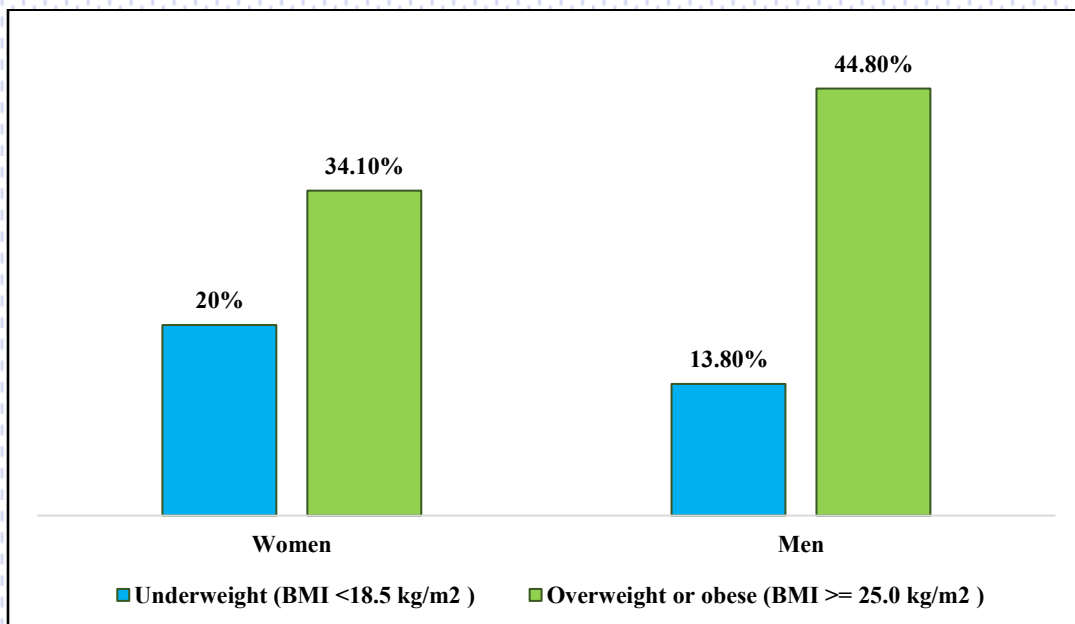
**Total patients attended= 192**

**Adults Pts=120.**

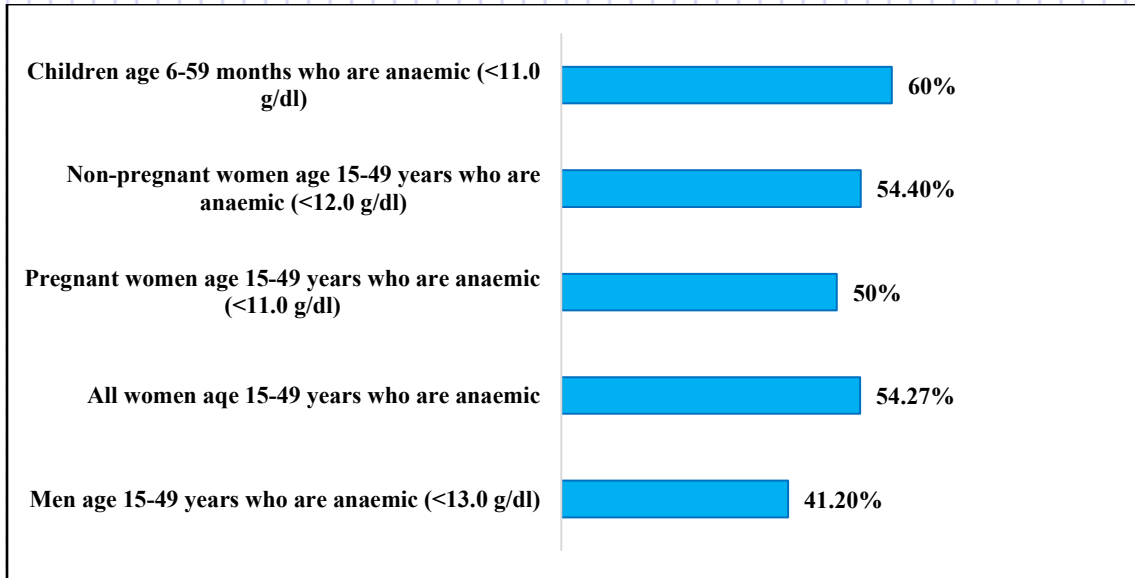
**Pediatric patients=72.**



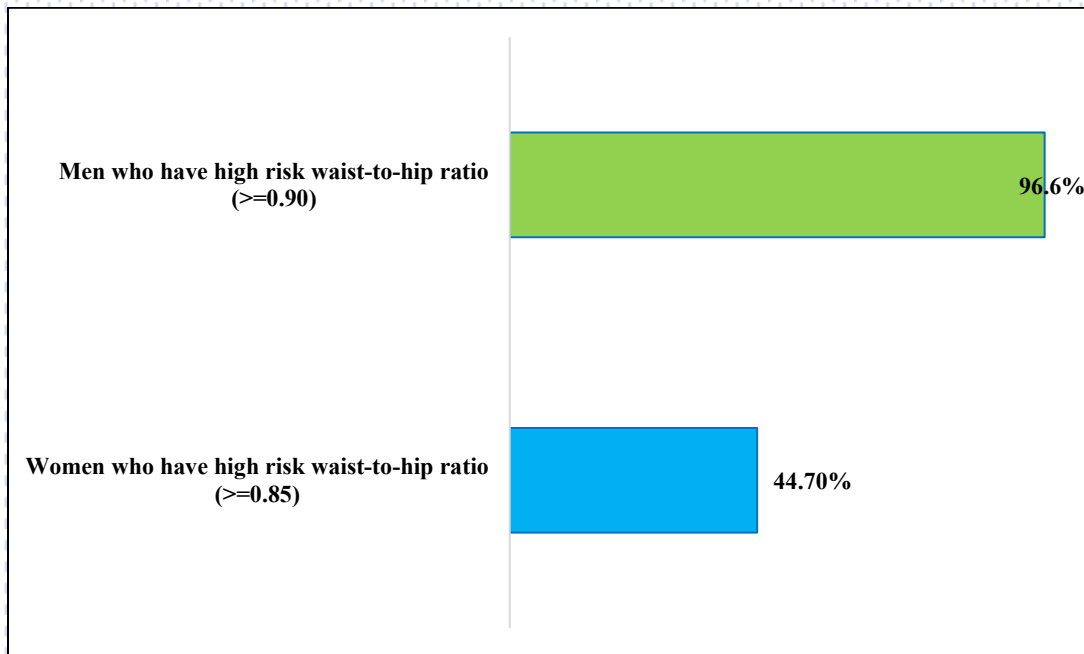
**Figure 1: Distribution of Children Under-5 according to their anthropometry**



**Figure 2: Distribution of Men and Women according to their BMI**

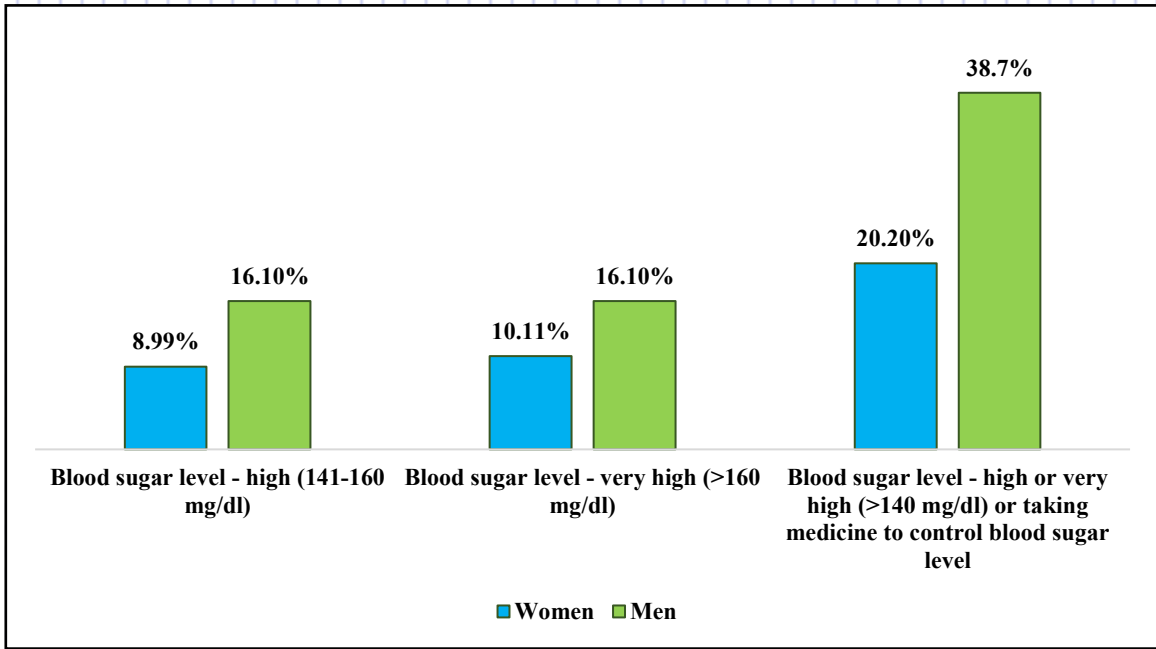


**Figure 3: Distribution of study participants according to their hemoglobin levels**

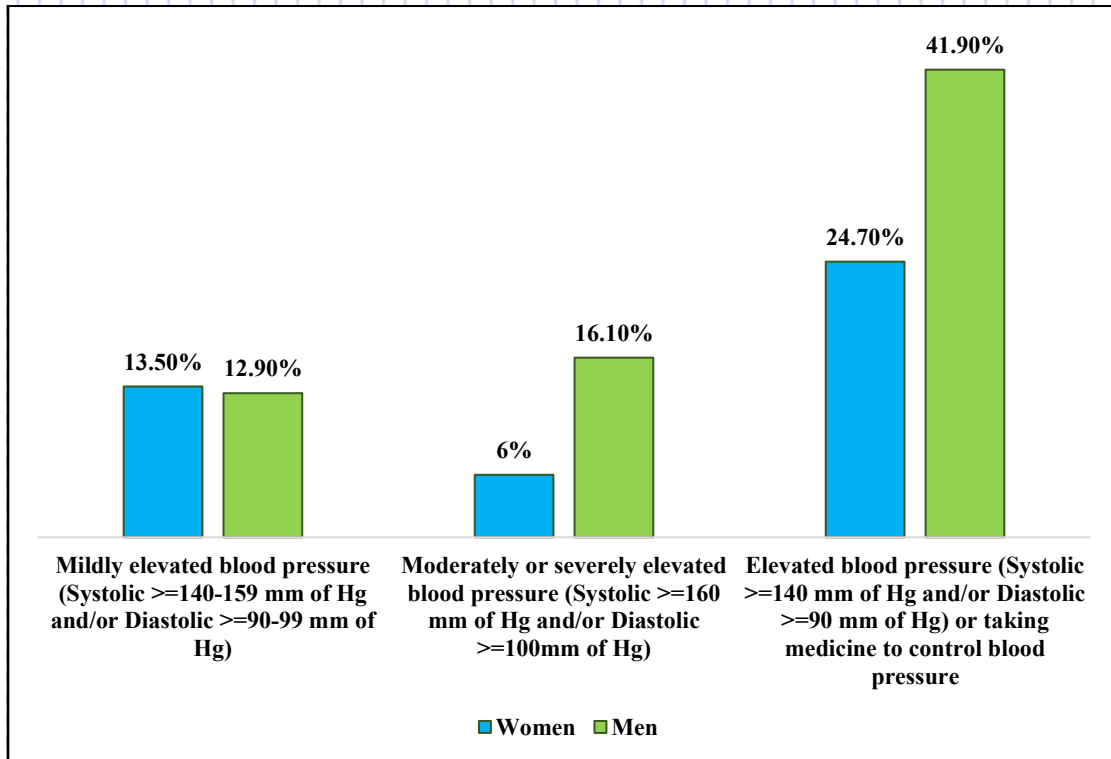


**Figure 4: Distribution of Men and Women according to their Waist: Hip Ratio**





**Figure 5: Distribution of Men and Women according to their Random blood sugar level**



**Figure 6: Distribution of Men and Women according to their Blood pressure level**

