

PSYCHIATRY ELECTIVE-1

Name of Supervisor/Guide: Dr Nimmi A Jose

Name of Co-Supervisor/Guide: 1.Dr Bushra Zahoor (Assistant Professor)

2.Dr Sandeep Sekhon (Senior Resident),

3.Irish Sheikh (Clinical Psychologist),

4.Ajay Badoni (Psychiatric Social Worker)

Department: Psychiatry

Name of Elective/Course: Addiction Psychiatry

No. of Students:2-4

Duration: 2 weeks

Objectives: By the end of the training the student should be able to

1. Enumerate different types of substances of addiction
2. Identify and diagnose different cases of substance use disorders
3. Enumerate the stages of motivation of de-addiction
4. Describe the principles of relapse prevention and the biopsychosocial model of addiction

Expected outcomes:

To develop the capacity to arrive at a differential diagnosis of all substance related disorders including intoxication, withdrawal, substance-induced mood, anxiety, delirium, and psychotic disorders.

Expectations from the students:

Should be able to develop good communication skills, and ability to establish rapport and express empathy with patients

Assessment mechanism: Viva,

OSCE

Logbook Format

Name of student:

Roll number:

Name of elective posting:

Period of posting:

Leaves:

Department:

Name of supervisor:

Procedure	Number seen
History taking	
Use of multi drug urine kit	
Non pharmacological intervention sessions attended	
Cases of relapse seen	

Assessment card

Parameter assessed	Grade awarded (A- Outstanding, B-Good, C -Average, D- Needs further training)
Knowledge	
Patient Care	
Responsibility, punctuality, workup of cases, involvement in treatment	
Communication skills	
apability to work in team, behaviour with colleagues , staff and paramedics	
Initiative, participation in discussion & research aptitude	

Signature of supervisor

PSYCHIATRY ELECTIVE-2

Name of Supervisor/Guide: Dr Nimmi A Jose

Name of Co-supervisor/Guide: Dr Bushra Zahoor (Assistant Professor)

Dr Sandeep sekhon (Senior Resident)

Department: Psychiatry

Name of Elective/Course: General Adult Psychiatry

No. of Students:2-4

Duration:2 weeks

Objectives: By the end of the training the student should be able to

1. Enumerate common mental disorders
2. Enumerate the components of history taking and mental status examination in Psychiatry
3. Obtain, document, and present an age and gender-appropriate psychiatric history.
4. Do a complete mental status examination.
5. Assess suicidal and homicidal ideation,

Expected Outcomes: Students should be able to identify common mental disorders.

Expectations from the students: Should be able to develop communication skills, establish rapport and express empathy with patients

Assessment mechanism: VIVA and OSCE(Objective structured clinical examination)

Logbook Format:

Name of student:

Roll number:

Name of elective posting:

Period of posting:

Leaves:

Department:

Name of supervisor:

Psychiatric Disorders	Number of cases seen

1. Psychotic spectrum disorders	
2. Stress and adjustment disorders	
3. Mood disorders	
4. OCD	
5. Anxiety disorders	
6. Others	

Assessment card

Parameter assessed	Grade awarded (A- Outstanding, B-Good, C -Average, D- Needs further training)
Knowledge	
Patient Care	
Responsibility, punctuality, workup of cases, involvement in treatment	
Communication skills	
apability to work in team, behaviour with colleagues , staff and paramedics	
Initiative, participation in discussion & research aptitude	

Signature of Supervisor:

PSYCHIATRY ELECTIVE- 3

Information to be provided by the Department/ Supervisors for the Course/ module included in the list of Electives.

Name of Supervisor/ Guide- CP. IRISH SHEIKH (Clinical Psychologist)

Name of Co-Supervisor/ Guide (If any)- Dr. M S Bhatia (Professor & Head)

Mr Ajay Badoni (Psychiatric social worker)

Department of Psychiatry

Name of Elective/ Course- Psychotherapy

No. of Students- 2 to 4

Duration- 2 weeks

Objectives- By the end of the training students should be able to

1. Enumerate Different types of Psychotherapy.
2. Describe the role of non-pharmacological management in Patients with Psychiatric disorders.
3. Differentiate between Counselling, Guidance and Psychotherapy.
4. Describe the role of psychoeducation in patients and their caregivers.

Expected Outcomes- Students should be able to build rapport and express empathy towards patients.

Expectations from the Students- Ethical Guidelines should be followed by the students during the posting.

Assessment Mechanism- Theory paper (short note) Viva.

Logbook format-

Logbook Format:

Name of student:

Roll number:

Name of elective posting:

Period of posting:

Leaves:

Department:

Name of supervisor:

No of Case Exposure	
No of Therapy Sessions attended	

Types of therapy	
No of Mental Status Examination	

Assessment card

Parameter assessed	Grade awarded (A- Outstanding, B-Good, C -Average, D- Needs further training)
Knowledge	
Patient Care	
Responsibility, punctuality, workup of cases, involvement in treatment	
Communication skills	
apability to work in team, behaviour with colleagues , staff and paramedics	
Initiative, participation in discussion & research aptitude	

Signature of Supervisor:

PSYCHIATRY ELECTIVE-4

Name of Supervisor/Guide: Dr M.S. Bhatia(Prof & HOD)

Name of Co-supervisor/Guide: Dr Bushra Zahoor(Assistant Prof)

Dr Sandeep Sekhon (Senior Resident)

Mr Ajay Badoni (Psychiatric social worker)

Department: Psychiatry

Name of Elective/Course: Psychosexual Disorder

No. of Students:2-4

Duration:2 weeks

Objectives: By the end of the training the student should be able to

1. Enumerate common psychosexual disorders.
2. Enumerate the components of history taking and mental status examination in Psychosexual disorders
3. Obtain, document, and present an age and gender-appropriate psychiatric history.
4. Do a complete mental status examination.
5. Enumerate treatment options for various psychosexual disorders.

Expected Outcomes: Students should be able to identify common psychosexual disorders.

Expectations from the students: Should be able to develop communication skills, establish rapport and express empathy with patients

Assessment mechanism: VIVA and OSCE(Objective structured clinical examination)

Logbook Format:

Name of student:

Roll number:

Name of elective posting:

Period of posting:

Leaves:

Department:

Name of supervisor:

Psychosexual Disorders	Number of cases seen
1. Erectile dysfunction	
2. Premature ejaculation	
3. Sexual addiction	
4. Sexual Aversion	
5. Paraphilias	
6. Gender dysphoria	

Assessment card

Parameter assessed	Grade awarded (A- Outstanding, B-Good, C -Average, D- Needs further training)
Knowledge	
Patient Care	
Responsibility, punctuality, workup of cases, involvement in treatment	
Communication skills	
ability to work in team, behaviour with colleagues, staff and paramedics	
Initiative, participation in discussion & research aptitude	

Signature of Supervisor: